

SENECA FALLS COMMUNITY CENTER NOW OFFERS...

Bench Class



With...Gigi Sciotti

Wednesdays & Fridays

Session starts Sept. 14th

9:00 A.M. - - - 6 week sessions

2 classes/week—\$60

1 class/week—\$30

Class is a fun mix of
Cardio & Strength Training Circuits

Sign up at the Community Center

35 Water Street, Seneca Falls

Call us at 315.568.6933 for more information