



Parks & Recreation Department TOWN OF SENECA FALLS

Vince's Park

Learn to Swim 2023

Vince's Park will offer 1 session of swim instruction this summer for a 2-week period. This session will consist of 8 days over 2 weeks, Monday through Friday. There are no classes on weekends or Fridays unless severe weather (2x) causes a make-up date to complete coursework. Each session will run 45 minutes long. Levels of instruction will range from Toddler to Advanced. Parents are not required to attend classes with children, the staff at Vince's Park requests that if you prefer to stay, you do not sit on the pool deck. This allows for easier instruction from our staff.

Class size is limited on a first-received basis and payment is required to register. If a class fills a waiting list will be taken. Every effort is made to accommodate as many children as possible without corrupting the integrity of the program. Vince's Park program philosophy is simple: quality over quantity.

Levels of Instruction

Preschool Aquatics: Basic Skills include new levels of water adjustment, underwater exploration, and personal safety without parents. This is a basic, FUN introduction to water.
Ages 4 & 5

- Level 1:** To begin developing positive attitudes, good swimming habits, and safe practices in and around the water.
- Level 2:** To give participants success with fundamental skills, including learning how to float without support and to recover to a vertical position.
- Level 3:** To build on the skills in Level 2 by providing additional guided practice in deeper water.
- Level 4:** To develop participants' confidence in the strokes learned in Level 3 and to improve other aquatic skills.
- Level 5:** Skills include stroke proficiency, turns, personal safety, and rescue.
- Level 6:** Personal Safety & Rescue, Fitness Swimmer, Diving Refinement.

Fees: \$40/Child \$35/Additional Child same Family

Dates and Times

Time/Day	Monday July 17	Tuesday July 18	Wednesday July 19	Thursday July 20	Friday July 21
9:30-10:15	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6
10:15-11:00	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6
6:00-6:45	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6
Time/Day	Monday July 24	Tuesday July 25	Wednesday July 26	Thursday July 27	Friday July 28
9:30-10:15	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5
10:15-11:00	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5
6:00-6:45	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5	Levels PreK/2/4/6	Levels 1/3/5

**Registration: Starting June 4th, applications will be taken at Vince's Park-
WEEKENDS ONLY.**

Make checks payable to: Seneca Falls Parks and Recreation



Parks & Recreation Department
TOWN OF SENECA FALLS

Receipt # _____
CA/CK# _____
(Amount)

Vince's Park Learn to Swim Program
Seneca Falls Parks and Recreation

Child's Name: _____ Age: _____ Date of Birth: ____/____/____

Parent/ Guardian Information

Name: _____ Phone: _____

Address: _____

Email Address: _____

Emergency Contact: _____ Phone: _____

Choose and list session times from the front of the sheet

1st Choice

2nd Choice

Level: _____ Time: _____ Level: _____ Time: _____

We will try to honor first-choice requests; however, we cannot guarantee anything.

Liability Waiver

I understand and agree to let my child participate in the Learn to Swim program at Vince's Park. I understand and agree that the Seneca Falls Recreation and Park Commission, its director, head lifeguard, and pool personnel shall in no way be held liable for any injury received at any swim lesson or in going to or from any swim lessons at Vince's Park.

Swimming is an activity that involves flexibility, mobility, and good physical health. I understand it is my responsibility through consultation with our family physician to ensure that my child is fit to participate in the Learn to Swim Program at Vince's Park.

I do, hereby, assume all normal risks and hazards incidental to the conduct of the program named above and further release absolute indemnify, and hold blameless the Seneca Falls Recreation and Park Commission or any of the personnel appointed by that Commission or the Town of Seneca Falls.

Parent/Guardian Signature: _____ Date: _____